The Bedside Nurse...and Supporters

- Infection Preventionists
- Post-operative, Recovery Nurses
- Case Managers
- Nurse (Bedside) Champion
- Emergency Medicine Nurses
- Wound Care Nurses
- Intensive Care Nurses
- Physical Therapists
- Nurse Manager

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# Nurse Supporters: Reasons for Them to Support the Champion

## Infection Preventionists
- Reduce CAUTI.
- Reduce antibiotic use.
- Reduce potential of increased resistance and *Clostridium difficile* disease.

## Case Managers
- Less complications (mechanical or infectious) = lower cost
- Early removal of catheter may reduce length of stay

## Nurse Manager
- Leader and supporter to the bedside nurse (empowers the nurse)
- Makes the appropriate urinary catheter use a priority and a safety issue
- Addresses any barriers encountered by the bedside nurse

## Physical Therapists
- The urinary catheter reduces mobility in patients: one point restraint.
- Rapid recovery (improvement in ambulation) may be hampered by the catheter (in addition to the other associated risks).
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## Intensive care unit (ICU) nurses
- A significant opportunity is present upon transfer from the ICU to discontinue no longer needed urinary catheters.
- ICU nurse transferring the patient may evaluate catheter need before transfer out of the unit and discontinue unnecessary catheters.

## Wound care nurses
- Urinary catheter use increases immobility, which in turn results in an increased risk of pressure ulcers.
- Wound care nurses may help in advising the bedside nurse on methods to reduce skin breakdown in patients with incontinence without using urinary catheters.

## Emergency medicine (ED) nurse
- Up to half of the patients are admitted through the emergency department (ED).
- Inappropriate urinary catheter placement is common in the ED.
- Promoting appropriate placement of urinary catheters in the ED will reduce inappropriate use hospital-wide.

## Post-operative recovery nurses
- Urinary catheters are commonly placed preoperatively for fluid management during the surgery.
- Post-operative recovery nurses evaluate the catheter for continued need and promptly remove no longer catheters.